



Total Learning and Therapy Center  
5893 Main Street Trumbull, CT 06611  
203-268-8852 [www.tlhc.org](http://www.tlhc.org)

TLTC invites you to a FREE workshop:

**Allergies, Autism, Asthma and AutoImmunity**  
**Using Nutrition to Heal**

Chronic illnesses such as allergy, asthma, autism and related autoimmune disorders are increasing in epidemic proportions, especially among today's children. When faced with our increasingly toxic environment, our nutrient poor, chemical laden food supply does not provide the resources our bodies need to support optimal brain, immune and overall health. In addition, signs of nutritional and digestive impairments can be subtle and surprising. Learn how to recognize the symptoms and apply targeted nutrition interventions to improve little brains and bodies.

**Presenter:**

**Vicki Kobliner, MS, RD**

**Thursday, September 30, 2010**

**7 PM**

**Location: TLTC**

**Registration is required for our free seminars.**

**Please call TLTC at 203-268-8852 to reserve a space.**