

### **Blood work to Request**

- Comprehensive Metabolic Panel (including Phosphorus)
  - CBC with differentials
  - TSH, T4 Total
  - Serum Iron, Ferritin
  - Total Cholesterol, HDL, LDL, TG, Chol/HDL Ratio
  - hs-CRP
  - Vitamin D: 25(OH)D
  - Plasma Zinc and Copper
  - Vitamin A
  - Optional Labs: 8am Cortisol, 8am Insulin
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- There should be a 12-hour fast prior to having blood drawn at 8am.
  - You can drink as much water as you want.
  - Have lab results faxed to **Vicki Kobliner at ???????**.