

Another Metabolic Detoxification Opportunity

Feel Better, Gain Clarity, Increase Energy and Enhance Health

Our group detoxification program was an outstanding success! Members reported impressive reductions in fibromyalgia symptoms, psoriasis, migraines, and mood as well as overall improved energy, sleep, skin and bowels.

In addition to the complaints mentioned above, Metabolic detoxification can help if you experience

- Excess weight
- Fatigue
- Pain
- GI distress, constipation, and/or diarrhea
- Skin rashes
- Poor concentration
- Immune impairment
- Cough

Our bodies naturally detoxify all the time but when these mechanisms become overloaded by pollution and pesticides in the air, water, food, medications and other compounds we consume, the process becomes less efficient and symptoms may occur.

Toxic overload may also contribute to more serious conditions such as autoimmune diseases, inflammatory/rheumatoid arthritis, cancer, cardiovascular disease and neurological disorders such as Alzheimer's and Parkinson's.

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Holcare Nutrition
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203 834-9949**

Please rsvp to vicki@holcarenutrition.com
so that we can forward the Quickstart guide to help you prepare
For more information, call the office at 203 834-9949

Cost: \$395 includes Metagenics Nutritional products and group consultation.
Although beneficial, you do not have to attend the meeting to participate.